

Nutrition Guide

Lunch & Dinner

Big Farm Burgers		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Steakhouse Burger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, Grilled Mushrooms and Onions, Provolone, A1 Original Sauce, Brioche Bun, Pickles	950	540	60	20	1.5	1.55	1790	47	2	12	54	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Bacon Cheeseburger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun	790	430	46	19	2	165	1530	40	2	9	51	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Rise & Shine Burger	Includes: Over-Hard Egg, Bacon, Brioche Bun, Hash Browns, Angus Beef Patty, Pepper Maple Honey, American Cheese	1280	660	73	24	2	345	1720	94	4	31	57	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Cheeseburger	Includes: Angus Beef Patty, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun	710	330	35	13	1.5	125	890	52	2	10	43	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Addition		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Avocado		60	45	5	1	0	0	0	2	2	0	<1	
Farm-Fresh Salads		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Bob Evans' Wildfire Chicken Salad	Includes: Fresh Greens, Crispy Fried Onions, Corn, Tomatoes, Cheddar Cheese & Bob Evans Wildfire Sauce												
	Choice of Style of Chicken:	Grilled Chicken	520	120	21	10	0	125	1290	38	3	13	45
		Fried Chicken Tenders (2)	770	300	42	18	0	100	1480	68	5	11	33
Dressing:	Wildfire Ranch	160	110	12	2	0	10	410	12	0	8	<1	
Grilled Chicken Chopped Salad	Includes: Fresh Greens, Grilled Chicken, Cucumbers, Tomatoes, Red Peppers, Feta		250	70	7	3	0	110	890	8	2	3	39
	Dressing:	Lite Balsamic	80	25	205	0	0	0	320	16	0	15	0
Cranberry Pecan Chicken Salad	Includes: Fresh Greens, Grilled Chicken, Bacon, Dried Cranberries, Blue Cheese & Pecans		680	310	34	11	0	145	1680	40	6	27	55
	Dressing:	Colonial Dressing	290	220	24	3.5	0	0	310	19	0	18	0
Steakhouse Salad	Includes: Fresh Greens, Steak Tips, Mushrooms, Tomatoes, Blue Cheese, Ranch Dressing, Crispy Fried Onions, Green Onions		520	310	70	27	13	60	7730	18	4	3	22
	Dressing:	Lite Balsamic	80	25	205	0	0	0	320	16	0	15	0
Farmhouse Garden Side Salad	Without Dressing		100	50	6	3	0	15	180	7	1	1	5

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Salad Dressings		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Lite Balsamic	Pick-Two Combo	40	10	1.5	0	0	0	160	8	0	8	0
	Entrée	80	25	2.5	0	0	0	320	16	0	15	0
Blue Cheese	Pick-Two Combo	180	170	190	3.5	0	15	310	1	0	<1	1
	Entrée	360	340	379	7	0	25	630	2	<1	1	3
Buttermilk Ranch	Pick-Two Combo	140	140	15	2.5	0	15	340	1	0	<1	<1
	Entrée	280	270	30	5	0	30	690	2	0	1	1
Colonial	Pick-Two Combo	140	110	12	2	0	0	160	9	0	9	0
	Entrée	290	220	24	3.5	0	0	310	19	0	18	0
French	Pick-Two Combo	140	110	12	2	0	0	200	7	0	6	0
	Entrée	270	220	25	4	0	0	390	13	0	12	0
Wildfire Ranch	Pick-Two Combo	80	60	6	1	0	5	200	6	0	4	0
	Entrée	160	110	12	2	0	10	410	12	0	8	<1
Honey Mustard	Pick-Two Combo	140	120	13	2	0	15	180	7	0	7	0
	Entrée	290	230	26	4	0	30	370	15	0	14	<1

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Hand-Crafted Sandwiches				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Fish Fry Sandwich	Includes: Two Alaskan Cod Fillets, Dill Tartar Sauce, Cabbage, Brioche Bun, Lemon Wedge			450	270	29	5	0	30	1130	40	1	8	7
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Farmhouse Chicken	Includes: Bacon, Provolone Cheese, Tomatoes, Onion, Brioche Bun, Honey Mustard			530	280	32	9	0	50	1260	42	3	12	20
	Choice of Style of Chicken:	Grilled Chicken Breast (1)		140	25	2	0.5	0	75	520	1	0	1	27
		Fried Chicken (1)		290	240	120	3	0	100	820	10	0	0	33
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Double Cheese Pot Roast Dip	Includes: Pot Roast, Onions, American Cheese, Provolone Cheese, Sourdough Bread, Beef Gravy			1090	600	68	29	0	175	2550	56	7	9	60
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
All American BLT	<i>Includes: Brioche Bread, Bacon, Lettuce, Tomato, Mayo</i>			680	310	35	9	0	55	1740	64	2	12	27
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Add:														
Fried Egg (1)				90	60	6	2	0	205	75	1	0	0	7
Avocado				60	45	5	1	0	0	0	2	2	0	<1
Bacon (2)				130	90	9	3	0	30	450	0	0	0	9
Legendary Turkey Sandwich	Includes: Turkey, Bacon, Provolone Cheese, Onions, Tomatoes, Leaf Lettuce, Mayo and Pickles			700	220	28	9	0	95	1740	61	11	13	50
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Slow-Simmered Soups				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sausage Chili	Cup	Includes: Cup of Soup, 2 Saltine Crackers, Diced Onions & Sour Cream		280	140	16	7	0	40	640	23	4	6	11
	Bowl	Includes: Cup of Soup, 4 Saltine Crackers, Diced Onions & Sour Cream		400	80	22	8	0	50	670	35	6	8	16
Chicken-N-Noodles	Cup	Includes: Cup of Soup, 2 Saltine Cracker		120	50	5	1	0	30	560	13	<1	<1	7
	Bowl	Includes: Bowl of Soup, 4 Saltine Crackers		240	100	11	2	2	35	990	26	2	2	10
Cheddar Baked Potato	Cup	Includes: Cup of Soup, Green Onions & 2 Saltine Crackers		210	110	12	6	0	35	900	16	<1	2	9
	Bowl	Includes: Bowl of Soup, Green Onions & 4 Saltine Crackers		390	190	21	11	0	60	1640	32	2	4	16
Pick 2 Combos				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
1/2 Wildfire Chicken Salad (No Dressing)	Choice of Style of Chicken:	Grilled Chicken		300	60	13	6	0	60	710	22	2	7	23
		Fried Chicken		460	150	24	10	0	50	930	44	3	9	17
	Wildfire Ranch Dressing			80	60	6	1	0	5	200	6	0	4	0
1/2 Cranberry Pecan Chicken Salad (No Dressing)	With Grilled Chicken			330	160	17	6	0	75	850	18	2	13	27
	Colonial Dressing			140	110	2	0	0	160	9	0	9	0	0

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Farmhouse Garden Side Salad (No Dressing)	100	40	4.5	2	0	10	180	13	5	3	6
1/2 Slow Roasted Pot Roast Dip (With Beef Gravy)	580	340	38	15	2.5	80	1470	30	3	4	28
1/2 All American BLT	340	155	17.5	4.5	0	30	870	32	1	6	14
1/2 Turkey Sandwich	400	150	18	7	0	55	1080	31	6	7	29
Sausage Chili (includes 2 Saltine Crackers)	280	140	16	7	0	40	640	23	4	6	11
Cheddar Baked Potato (includes 2 Saltine Crackers)	210	110	12	6	0	35	900	16	<1	2	9
Chicken-N-Noodles (includes 2 Saltine Crackers)	120	50	5	1	0	30	560	13	<1	<1	7

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Farmhouse Kitchen Chicken		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Hand-Breaded Chicken Tenders	Includes: Five Fried Chicken Strips	410	150	17	4.5	0	115	15	19	1	0	44	
	Choice of Sauce:	Bob Evans Wildfire	50	0	0	0	0	220	13	0	5	0	
		Buffalo Wing Sauce	30	25	2.5	0	0	1170	2	<1	<1	0	
		Honey Mustard	140	120	13	2	0	15	180	7	0	7	0
		Ranch	140	140	15	2.5	0	15	340	1	0	<1	<1
Black Pepper Maple Honey	110	0	0	0	0	0	15	27	0	24	0		
Honey Butter Chicken & Biscuit Dinner	Includes: Two Fried Chicken Breasts, Biscuit, Honey, Whipped Butter Blend	930	190	48	16	0	220	2460	57	<1	13	70	
Hand-Breaded Fried Chicken Breasts	Includes: Two Fried Chicken Breasts	580	240	27	6	0	205	1650	19	0	0	66	
Southwest Avocado Chicken Bowl	Includes: Grilled Chicken Breast, Corn/bean Relish, Avocado, Lime Cream Sauce, Home Fries, Broccoli & Salsa	980	530	61	10	0	200	2260	44	8	12	75	
Lemon Garlic Grilled Chicken	Includes: Two Grilled Chicken Breasts, Garlic Butter & Grilled Lemon Half	530	250	23	9	0	190	1490	7	<1	3	69	
Grilled to Perfection Chicken	Includes: Two Grilled Chicken Breasts	340	60	5	1.5	0	190	1290	3	0	2	69	
Sizzling Steak and Seafood		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Fish Fry Platter	Includes: 3 Alaskan Cod Fillet, Onion Rings, Dill Tartar Sauce, Lemon Wedge	440	170	19	3.5	0	80	1350	38	2	2	30	
Fried Shrimp	Includes: Eight Shrimp, Cocktail Sauce and Lemon	350	25	2.5	0	0	110	1890	65	3	8	18	
Steak Tip Dinner	Includes: USDA Choice Beef Steak Tips, Grilled Onions, Mushrooms, Green Onions	310	230	54	19	13	40	570	5	1	2	16	
	Add Shrimp	310	140	15	2	0	55	1110	35	2	8	9	
Comfort Food Classics		Served											
with: Choice of Bread. <i>Not Included In the Nutrition Calculations Below</i>		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Slow Roasted Turkey & Dressing	Includes: Slow Roasted Turkey, Bread & Celery Dressing, Gravy, Mashed Potatoes, Carrots, Cranberry Relish	820	170	41	12	0.5	90	3220	81	6	23	34	
Fork-Tender Pot Roast	Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions	740	320	42	14	1	100	2220	61	10	24	32	
Chicken-N-Noodles Deep-Dish	Includes: Chicken and Noodles, Mashed Potatoes, Biscuit, Gravy	480	220	25	11	1.5	30	2100	53	3	4	11	

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Country-Fried Steak Platter	Includes: 2 Country Fried Steaks, Green Beans and Mashed Potatoes and Country Gravy	1300	690	76	25	1.5	120	3600	110	11	3	46
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Upgrade to a 3 Courses

		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Pick One:	Cheddar Baked Potato (includes 2 Crackers)	210	110	12	6	0	35	900	16	<1	2	9
	Chicken-N-Noodles (includes 2 Crackers)	120	50	5	1	0	30	560	13	<1	<1	7
	Farmhouse Garden Side Salad (No Dressing)	100	50	6	3	0	15	180	7	1	1	5
Pick One:	Sundae	400	210	22	11	0	55	170	50	<1	40	5
	Double-Crust Apple Pie	640	0	33	14	0	10	780	83	3	36	4
	Double Crust Apple Pie A La Mode	750	50	39	17	0	30	830	96	3	47	6
	Holy Cow Chocolate Cake	610	250	29	14	0	50	610	86	<1	67	8
	Turtle Cheesecake	640	370	42	23	1	70	370	61	2	37	6
	Chocolate Chunk Cookie	520	220	24	12	0	20	380	72	4	36	4
	Peanut Butter Pie, Slice	640	380	42	24	0	25	400	69	4	53	8

Farmhouse Sides

	Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
French Fries	330	130	14	2.5	0	0	480	47	4	0	0
Shredded Hash Browns	180	60	7	1	0	0	10	28	3	1	2
Golden Brown Homefries	180	90	10	2.5	0	0	15	21	2	2	2
Bob Evans Signature Coleslaw	170	110	12	2	0	10	210	16	1	14	<1
Bread & Celery Dressing	410	110	22	5	0	20	1570	46	3	4	7
Broccoli (Buttered)	110	90	10	3	0	10	110	5	0	0	3
Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
Corn (Buttered)	170	90	10	30	0	10	90	20	2	2	3
Green Beans with Ham	30	15	1.5	0	0	<5	460	4	2	0	2
Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
Mashed Potatoes & Chicken Gravy	160	80	9	3.5	0	15	920	18	1	1	3
Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1

Premium Sides

	Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Onion Rings (5)	560	270	30	5	0	0	1080	63	4	7	8	
Loaded French Fries	French Fries, Bacon Pieces, Cheddar Chees, Green Onions & Sour Cream	510	410	47	25	0	125	630	7	<1	6	16
Loaded Mashed Potatoes	Mashed Potatoes, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream	250	160	18	9	0	45	710	17	1	3	7

Dinner Bell Plates

Served with: Choice of Bread. Not Included In the Nutrition Calculations Below

	Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Down-Home Country Fried Steak	Includes: Farmhouse Style Steak, Country Gravy, Mashed Potatoes, Green Beans	740	380	41	14	1	65	2440	67	7	2	25
Hand-Breaded Chicken Tenders	Includes: Fried Chicken Tenders, Mashed Potatoes and Chicken Gravy, Corn	580	180	29	9	0	90	1020	52	4	4	33

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Grilled Chicken Breast	Includes: Grilled Chicken, Mashed Potatoes and Chicken Gravy, Broccoli	440	110	21	7	0	115	1680	25	1	3	40
Lemon Garlic Grilled Chicken	Includes: Grilled Chicken Breast, Garlic Butter, Grilled Lemon Half, Home Fries and Broccoli	560	210	32	10	0	100	880	31	3	4	40
Mushroom and Onion Chopped Steak	Includes: Beef Patty, Mashed Potatoes with Chicken Gravy, Broccoli, Mushrooms, Carmelized Onions and Green Onions	820	420	58	16	2	125	1470	37	4	8	40
Smaller Portion Turkey & Dressing	Includes: Slow Roasted Turkey Breast, Mashed Potatoes & Chicken Gravy, Cranberry Relish, Bread & Celery Dressing	650	150	34	10	0	60	2820	67	4	13	21
Hickory-Smoked Ham Steaks	Includes: Ham, Mashed Potatoes and Chicken Gravy, Green Beans	370	110	11	5	0	85	4150	29	3	7	39
Hand-Breaded Chicken Breast	Includes: Fried Chicken Breast, Mashed Potatoes and Chicken Gravy, Corn	600	80	31	9	0	115	1750	50	4	4	36
Freshly Baked Breads		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Biscuits (2) with Whipped Butter Blend		510	280	31	16	1	15	1520	53	1	3	7
Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4
Dinner Rolls (2) (After 11 AM) with Whipped Butter Blend		370	150	17	5	0	25	470	50	2	8	7

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary